

# Frequently Asked Questions

## When/how will trials be held?

Trials for the Football Academy are now open. Prospective players can complete an online application to trial using our electronic submission page, where they can upload video of functional game skills and game footage for assessment by the Football Academy panel. After this initial phase, successful applicants will be invited to train with the existing Football Academy group(s) to allow the coaches to benchmark potential players alongside those currently in the Academy, allowing prospective players and parents/legal guardians to sample the LJBC Football environment. Based on their performance, players may be offered a position in the Football Academy for 2021.

### What does the Football Academy look like in a regular school week?

In Years 4 -10, students will have five contact periods per week. Students will attend 3 football specific periods throughout the week either before or during school. They will also be involved in one period of 'Leadership' in order to equip student athletes with the skills required to be successful on and off the field. 'Strength and Conditioning' is offered several times during the week with the expectation that Football Academy players sign on for one session a week to complement and enhance their on-field training.

### How are Academy Players assessed?

Football Academy assessment and feedback will be conducted throughout the year through the process of 5 week training cycles. Detailed football performance feedback will be delivered with the intention of promoting accountability and player development. The Football Academy will also provide your student's grade for Physical Education in alignment with the Western Australian curriculum.

### Is there a cost involved for the Football Academy?

There is an annual Football Academy levy of \$250 plus the cost of the Football Academy uniform, in addition to School Fees.

### What is the Football Development Squad?

The Football Development Squad is a training group of promising football players who currently attend Lake Joondalup Baptist College. They are separate from the Football Academy group, but are provided with the opportunity to benefit from our high level coaching during 1 session a week. Students currently attending LJBC can nominate for this squad by speaking to their football year level coordinator.